



Australian
Competition &
Consumer
Commission

Product safety

WHAT YOU NEED TO KNOW ABOUT:

Trampoline safety—it's flippin' important

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www.productsafety.gov.au

Trampoline safety—it's flippin' important

Hundreds of Australian children are taken to hospital every year for trampoline-related injuries such as cuts, sprains and fractures.

Don't let your trampoline spring a nasty surprise. To make sure it's safe, visit:

www.productsafety.gov.au/trampolinesafety



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Government of South Australia
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Is your trampoline safe?

Follow these simple steps:

One at a time

Make sure there is only one child on the trampoline.

Supervise

Watch children at all times, and take extra care with younger children as they are more prone to serious injury.

Safety padding

Always use safety padding on the frame.

Check

Regularly check the:

- mat and net don't have holes
- springs are intact and securely attached at both ends
- frame is not bent
- leg braces are locked.

Hazard-free surrounds

Make sure:

- the area around the trampoline is free from hazards like fences or garden furniture
- there is an overhead clearance to avoid objects like trees and wires.

For the full trampoline safety checklist, visit:

productsafety.gov.au/trampolinesafety

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